

LAUDATIO

Prof. Gian Franco Goldwurm

the founding member of the CIANS (Collegium Internationale Activitatis Nervosae Superioris), main organizer of its First International Congress (Milan 1968) and its President (1999-2001 and 2006-2008)

has completed at 17 of June 2019 his first ninety years in good health.

Prof. Goldwurm graduated in Medicine and Surgery, specialized in Psychiatry and lecturer in Psychiatry at the University of Milan. In the 1950s Prof. Goldwurm conducted research on conditioned reflexes at the Institute of Pharmacology and then at the Psychiatric Clinic of the University of Milan, where, in the 1960s, he developed his studies on behaviorism and behavioral and cognitive therapies. At that time, and later, he also worked in occupational psychiatry and health reform. Prof. Goldwurm during the 70s directed the Psychiatric Hospital of Trento, then of Pavia and finally the Psychiatric Hospital “Paolo Pini” in Milan, mainly dealing with social psychiatry and psychiatric reform.



After ending the psychiatric reform he directed the Psychiatric Diagnosis and Care Services in a Milanese area and the Behavioral Medicine Center of the General Hospital of Milan-Niguarda, continuing his studies on behavioral and cognitive psychotherapies and subsequently dealing with studies on quality of life, on psychological well-being and happiness. In 1992 he retired. Prof. Goldwurm was President of the AIAMC (Italian Association of Behavioral Analysis and Modification and of Behavioral and Cognitive Psychotherapy) for several years and currently is the member of the Board of Directors. Founder of ASIPSE (Association for the study and teaching of psycho-socio-educational), he is currently Director of IMIPSI (Milan Institute of Cognitive and Behavioral Psychotherapy) and of the Four-Year School of Behavioral and Cognitive Psychotherapy in Milan. From 2004 to 2006 he was President of the Italian Society of Positive Psychology.

Prof. Goldwurm is the author of more than 300 scientific contributions to Italian and foreign journals. Among the volumes we remember: (ed.) From the Madhouse to the Territory (Rome, 1978); Psychiatry and Health Reform (Milan, 1979); Schizophrenic disorders (with Daniela Sacchi, Antonio Scarlato and Giorgio De Isabella); Theoretical and methodological aspects of cognitive-behavioral intervention (Florence, 1987); Behavioral Medicine (with Ezio Sanavio) (Milan, 1994); Relaxation techniques in behavioral therapy (with Daniela Sacchi and Antonio Scarlato) (Milan, 2003); “Quality of life and psychological well-being” (with M. Baruffi and F. Colombo) volume published by Mc Graw-Hill in 2004.

In 1999 Prof. Goldwurm has contributed substantially to the revival of CIANS. At 2002 he edited with F. Colombo and S. Masaraki the Proceedings of International CIANS Conference

2001 as the E-book: Neuropsychophysiology and Behavioural Intervention in Psychosomatics, Stress Disorders and Health Promotion and at 2006 with various collaborators the Book of Abstract of the International CIANS Conference 2006: “Neuro-psychophysiological and social research and interventions from an interdisciplinary point of view”. Since 1999 he co-organized nine International CIANS Symposia and Conferences (four in Slovakia). Prof. Gian Franco Goldwurm is a noble man, any time ready to help everybody, delightful and as passionate discussant in science, culture, music and Italian history, he is the best-loved companion at all CIANS events. He is the honorary member of the Slovak Society of the Higher Brain Functions. Dear Gian Franco, we are very glad you are in good health and wish you many happy returns of the day, hoping to meet you again.

Spiridione Masaraki and Fedor Jagla
on behalf of the CIANS members family.