

C O N G R E S S   A N N O U N C E M E N T

# “BIO-PSYCHO-SOCIAL HUMAN BEING: The role of interdisciplinary sciences”

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## Invitation to the 2024 CIANS Virtual Meeting

In a world still running on the road of hypertechnology and specialization, we are facing a crisis in the patient-therapist relationship. We demand precision medicine and psychotherapy and are slowly losing sight of the key role of context in human well-being. Social interaction, integration of body and mind, but also inclusion and diversity as well as spirituality show us the way back to the future. If we look back to the roots of the Greek and Latin philosophers and the German tradition to arrive at the pragmatic view from William James to Pavlov, Skinner, Watson and Thorndike, we realize the key role of a global vision of the human being in the search for well-being and happiness.

Genetics and education, physiology and cognition, hormones and culture, brain circuits and spirituality are the actors of our mental health and the need for an interdisciplinary integration of science and knowledge is necessary to take care of people who suffer in their mind and body. This conference is in a way the expression of the resurrection of our Collegium Internationale Activitatis Nervosae Superioris (CIANS), called to action after a few years of dormancy by the need to implement interdisciplinary knowledge of the human being to overcome the current times of pandemics, wars and youth crises that deprive us of the right to fight for our happiness. The interdisciplinary sciences have the privilege of uniting the different perspectives of the human condition to give us a 360° perspective on life and thus a better chance of finding solid solutions to individual and societal suffering.

As President of this ancient and ambitious society, whose first president in 1960 was a distinguished pupil of Ivan Pavlov, W. Horsley Gantt, I cordially invite you all to join our Collegium and actively participate in our virtual meeting, which is virtual on the organizing needs but deeply rooted in the concrete reality of the many branches of science whose common goal is to understand human nature and help us all to improve humanity.

Prof. Giampaolo Robert Perna, MD PhD  
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For CIANS 2025 virtual meeting see [www.cians.org](http://www.cians.org)